

Napier Port Optimist North Island Championships 2023 & Starling Traveller Series

Friday 3rd November to Sunday 5th November 2023
Napier, Hawke's Bay

The Organising Authority is Napier Sailing Club

SAILING INSTRUCTIONS

Optimist Green / Starling Development Fleet

1. RULES

- 1.1. The regatta will be governed by the New Zealand International Optimist Dinghy Association Green Fleet Rules for Racing, version 2010-01 – May 2010 which are attached and are available at <https://tinyurl.com/yas27ajr>
- 1.2. The Yachting New Zealand Safety Regulations Part 1 will apply.
- 1.3. International Optimist Dinghy Class Rules will apply, except rule 2.4.1, *Registration and Measurement Certificate*.
- 1.4. Racing Rules of Sailing Part 1, *Fundamental Rules*, will apply.
- 1.5. The Race Signals in the Racing Rules of Sailing will be used.
- 1.6. Racing Rules of Sailing Appendix A, *Scoring*, will apply as modified by Sailing Instruction 16.1.
- 1.7. Racing Rules of Sailing Appendix G, *Identification on Sails*, will apply.
- 1.8. Racing Rules of Sailing Appendix G3, *Chartered or Loaned Boats*, will apply.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on official notice board in the Glass Cabinet Outside the Committee room.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the Sailing Instructions will be posted before 0930 hours on the day it will take effect, except that any change to the scheduled start time of races will be posted by 1800 hours or one hour after the last boat finished the last race on the day whichever is earlier on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Clubhouse flagstaff.



- 4.2. When a visual signal is displayed over a fleet(s) flag, the signal applies only to that fleet(s). This changes the Race Signals preamble.
- 4.3. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal, AP.
- 4.4. Flag D with a sound signal means: 'the warning signal will be made not less than 30 minutes after Flag D is displayed.' Boats shall not go afloat until this signal is made.



5. BRIEFINGS

- 5.1. Sailors briefing Saturday at 0900 hours.
- 5.2. Support Vessels following the Sailors Briefing.

6. SAILORS RACE DAY BRIEFING

- 6.1. A Sailors Race Day Briefing will be held before each day's racing. Except on the first day of the regatta it will be held one hour before the first warning signal all sailors should attend as it may contain information regarding the format of the day's racing.

7. SCHEDULE OF RACES

- 7.1. No practice race is scheduled.
- 7.2. Up to 6 races are scheduled for the regatta.

Event	Day	Time or time of first warning signal	Note
Registration	Friday	1600 – 1900	
	Saturday	0800 - 0900	
Sailors Welcome and Briefing	Saturday	0930	
Support Boat Briefing	Saturday	0945	
Racing	Saturday	1130	Up to 4 races
	Sunday	1100	Up to 4 races

- 7.3. One extra race per day may be sailed, provided that the event does not become more than one race ahead of schedule and the change is announced at the Sailors Race Day Briefing.
- 7.4. No more than 4 races will be sailed on any day.
- 7.5. The warning signal for a subsequent race on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finishes the previous race.
- 7.6. To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed, with one sound signal, for at least five minutes before a warning signal is displayed.
- 7.7. On the last day of the regatta, no warning signal will be made after 1500 hours.

8. CLASS FLAGS

- 8.1. The Optimist **Green Fleet flag** will be a green flag with the class insignia.



8.2. The Starling Development Fleet flag will be a white flag with the class insignia.

9. RACING AREAS

9.1. The regatta will be based at Napier Sailing Club.

9.2. The racing area will be in waters off West Shore, Napier

9.3. The precise location will be described at the Sailors' Race Day Briefing.

10. THE COURSES

10.1. The diagram in Sailing Instruction 31 shows the standard course, including the order in which marks are to be passed, and the side on which each mark is to be left. The course will also be described at the Sailors' Race Day Briefing. If different to Sailing Instruction 31 it will be displayed, described and explained at the briefing.

11. MARKS

11.1. The description of marks 1, 2 and 3 will be advised at the Sailors Race Day Briefing.

12. THE START

12.1. The starting line will be between a staff displaying and orange flag on the signal vessel and the port-end mark.

12.2. A boat that does not start within ten minutes after her starting signal will be scored Did Not Start. This changes Rule A4, *Low Point System*, and A5, *Scores Determined by the Race Committee*.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. The Race Committee will not change a leg of the course after the start signal.

14. THE FINISH

14.1. The finishing line will be between a staff displaying and **BLUE** flag on the signal vessel and the port-end mark .

14.2. After finishing boats should keep clear of others who are still racing.

15. TIME LIMITS AND TARGET TIMES

15.1. The time limits and target times in minutes for the first boat are as follows:

Time Limit	Mark 1 Time Limit	Target Time
60 minutes	20 minutes	30 minutes

15.2. If no boat has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned.

15.3. Boats failing to finish within twenty minutes after the first boat sails the course and finishes will be scored Did Not Finish.

16. STILL RACING SCORE

16.1. Boats failing to finish within 20 minutes after the first boat sails the course and finishes may apply be scored SRS, "Still Racing Score". This changes Rules A4, *Low Point System*, and A5, *Scores Determined by the Race Committee*. The end of the 20-minute time limit will be indicated by the removal of the blue flag with one sound on the Race Committee vessel. This score will be calculated to be 3 points more than the last boat to finish that race, but not more than DNF.

16.2. Boats requesting SRS must complete a request form within 60 minutes of the last boat finishing the last race of the day. Request forms will be available at the race office.



17. IF A BOAT BREAKS A RULE

- 17.1. If you think that you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the Advisor after the race. The Advisor can be approached after racing in the vicinity of the regatta tent. The Advisor will be a member of the Protest Committee for the regatta.

18. SCORING

- 18.1. Three races are required to be completed to constitute a series.
- (a) When up to three races have been completed, a boat's series score will be the total of her race scores.
 - (b) When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.2. To request the correction of an alleged error in posted race or series results, a boat shall complete a Scoring Enquiry Form available at the race office.

19. SAFETY REGULATIONS

- 19.1. All boats intending to race shall complete the sign on procedure at the sign on/off station prior to going afloat for any races.
- 19.2. Immediately on returning to shore, all boats shall complete the sign off procedure at the sign on/off station.
- 19.3. Personal flotation devices shall always be worn while afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.
- 19.4. Competitors who require assistance shall blow a whistle or wave the paddle or an arm.
- 19.5. A boat that retires from a race or returns to the launching area before she finished the last race of the day shall notify the Race Committee as soon as possible.

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors will not be allowed. The person on-board shall be the person named on the entry form.
- 20.2. Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity. If damage occurs on the water, equipment may be substituted before the following race.
- 20.3. Change of sail numbers will not be allowed without prior written approval of the Race Committee.

21. EQUIPEMENT INSPECTION

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the Race Committee to proceed immediately to a designated area for inspection.

22. ADVERTISING

- 22.1. The Organising Authority may require all participating boats to display the event sponsor's advertising in accordance with World Sailing Regulation 20, *Advertising Code*. Sponsors' logos are to be carried 150 mm back from the bow, and 50 mm below the gunwale on both sides of the hull.

23. OFFICIAL VESSELS

- 23.1. Race Committee vessels will be marked "RC".
- 23.2. The Advisor's vessels will fly a yellow flag with a black "A".



24. SUPPORT VESSELS

- 24.1. All occupants of support vessels less than 6 metres long shall always wear an appropriate size personal flotation devices (PFD) while afloat, except briefly while changing or adjusting clothing or personal equipment. Each PFD shall comply with Maritime Rules Part 91, *Navigation Safety Rules*, wet suits and dry suits are not PFDs. For support vessels 6 metres or longer the Maritime Rules require the vessel carry sufficient personal flotation devices of an appropriate size for each person on board and in a readily accessible location.
- 24.2. All support vessels shall always have a kill-cord attached to the driver while the engine is running, unless prior written exemption has been provided by the Organising Authority.

25. RUBBISH DISPOSAL

- 25.1. As sailors, we seek to protect and restore our oceans and coastal waters. Sailors, coaches and supports person shall not intentionally put rubbish in the water. Rubbish may be placed aboard support and Race Committee vessels.

26. HAUL OUT RESTRICTIONS

- 26.1. Unless otherwise directed by the Organising Authority, all competing boats shall be launched and retrieved from the Napier Sailing Club.

27. RADIO COMMUNICATION

- 27.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

28. PRIZES

- 28.1. Trophies will be awarded as detailed in the Notice of Race.
- 28.2. The official prize giving will take place as soon as possible after the last race on the last day of the regatta.
- 28.3. Spot Prizes will be presented to some of those in attendance at the prize giving.

29. RISK STATEMENT

- 29.1. Competitors participate in the regatta entirely at their own risk. Rule 3, *Decision to Race*, states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:
- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
 - b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
 - c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) The provision of a race management team, patrol vessels and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

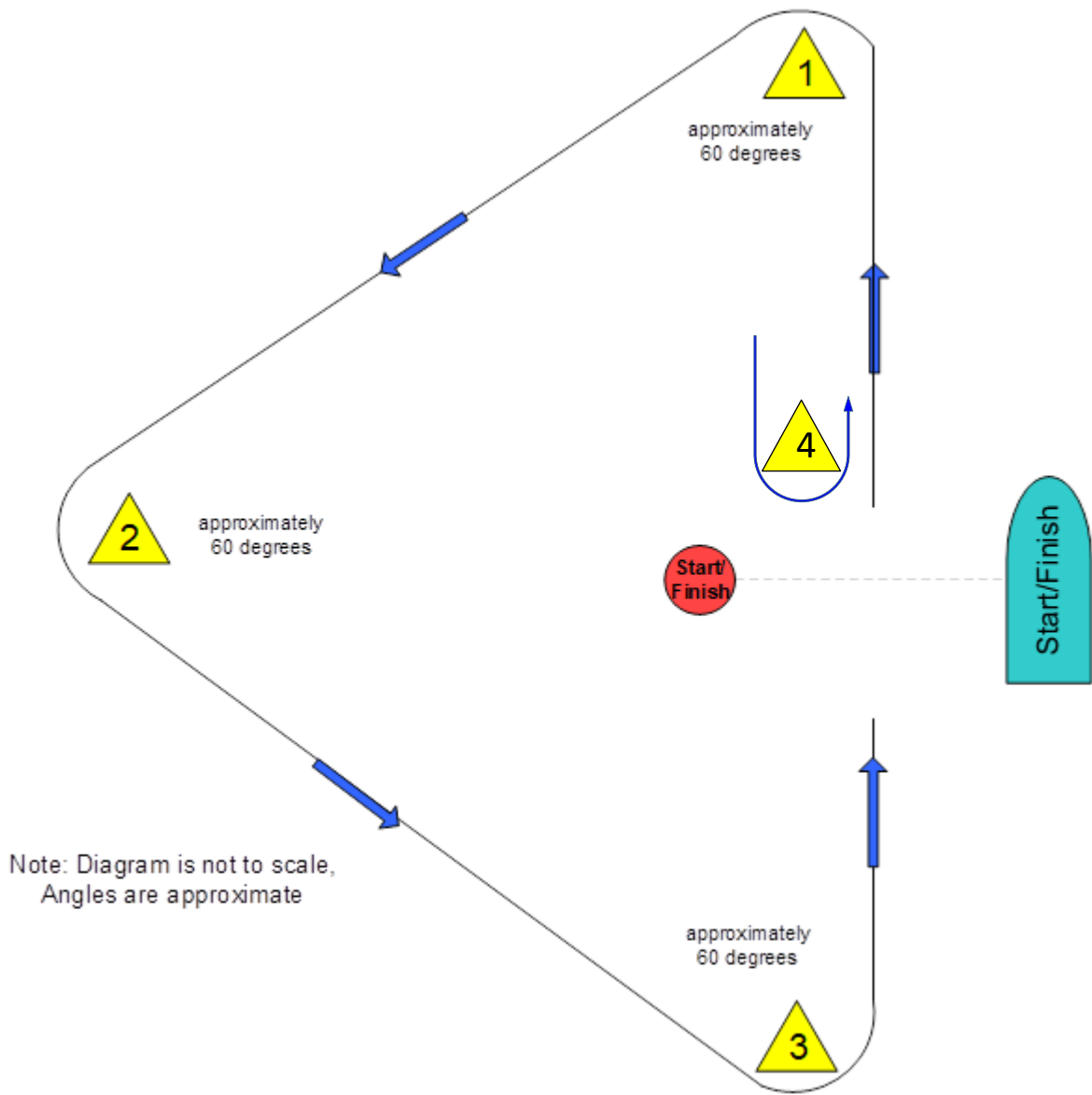
30. CLEAN REGATTA AND DIDYMO PREVENTION

We have registered the event as a "Clean Regatta" which means we are encouraging all participants to reduce their impact on the environment. This means:

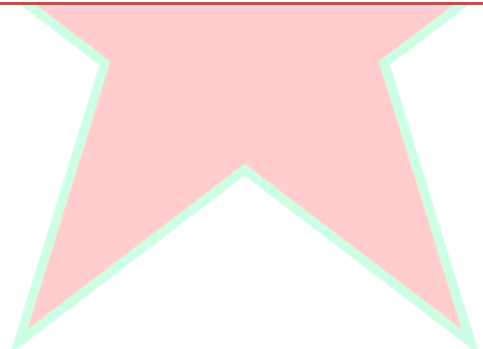


-No bottled water will be for sale at this event. Please make sure sailors are equipped with reusable bottles that they can fill up at our water-fill stations. Mums and Dads, please don't forget your reusable coffee cups too.

31. COURSE



Course	Mark Rounding Order
Optimists	Start – 1 (port) – 2 (port) – 3 (port) – Finish
Starling	Start – 1 (port) – 4 (port) – 1 (port) – 2 (port) – 3 (port) – Finish



Green Fleet Rules for Racing

For Sailors

Version 2010-01 – May 2010

Based on and modified from the ISAF Introductory Rules for Sailing Version 1.01 - February 2008

These rules should be used for all Green Fleet races

Some Explanations

Windward and Leeward: The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

Port and Starboard tack: You are on *port* or *starboard* tack according to your *windward* side.

Advisor: A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

Basic Rules

1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

Rules When Boats Meet

3. When you and the other boat are on opposite tacks, if you are on port tack you must avoid the boat on starboard tack.
4. When you and the other boat are on the same tack, you must avoid the other boat
 - (a) if she is in front of you, or
 - (b) if she is on your leeward side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.
6. When the other boat is required to avoid you, if you change course, you must give the other boat enough time to avoid you.

Other Rules

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You shall not propel your boat by paddling, sculling with your rudder, rocking your boat, pumping your sail or by being towed.
10. If you know you have broken a rule you may take a one-turn penalty by turning in a circle and doing one tack and one gybe. Avoid other boats when you do this.
11. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the advisor after the race. The advisor may then add two points to the score of any boat that has broken a rule. If the offence is serious, the advisor may add extra points to the boat's score.

